

SOP for Research Scholars of Panjab University, Chandigarh

1. All research scholars to wear masks, maintain social distancing, wash hands frequently and sanitize their hands. Respiratory etiquettes to be strictly followed. Spitting at common/public places shall be strictly prohibited.
2. Only healthy persons having no symptoms of contagious diseases will be allowed in the lab.
3. Self-monitoring of health is advisable. Any illness should be reported to his/her immediate supervisor/research supervisor and chairperson of the department.
4. i) Registered Ph.D students from Science discipline those who have completed 3 years and having experimental/lab work be allowed.
ii) Research Scholars from Humanities those who are towards completion of their Ph.D thesis be allowed with the consent of Supervisor in writing.
5. All the labs, central instrumental facilities & Departments library will be allowed to open from 9:00 am to 5:00 pm on working days only.
6. Thermal scanning before entering in the department is a must.
7. Register should be maintained at the entrance for visitors with information i.e. Name, Temperature, Mobile No. and purpose of the visit.
8. The labs should be properly ventilated by keeping the doors open & A.C. shall be avoided.
9. Hand Sanitizer must be available at the entrance as well as in the lab/rooms.
10. Sharing of items- phone, books, pens etc. be strictly avoided.
11. Research scholars to provide undertaking or consent of self & parents that they have no objection to attend and work in the research labs under the prevailing conditions of COVID-19. This undertaking should be forwarded by the concerned supervisor with remarks that they will follow all the SOP's issued from time to time.
12. The number of students allowed in a lab/room at one time will depend on the area of lab/room (at least 4 sq m area for single person) to be decided by the Chairperson.
13. All equipments to be disinfected before and after every use with > 70% ethanol.
14. Sanitization of hands before and after using equipments is a must with > 70% ethanol.
15. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, benches, washroom fixtures, etc.) shall be done in lab as per disinfection SOP's (attached).
16. Scholars are advised not to spend time with other scholar fellows/staff etc and avoid unnecessary travel on the campus.
17. No conversations or chatting in close proximity
18. On leaving the laboratory, sanitize gloved hands, go to bathroom, remove gloves and dispose, wash hands with soap and water, towel dry and leave building (via disabled auto doors (if possible)immediately. Wash your hands and take all advised precautions on arriving home.
19. Proper disposal of personal protective items in bag lined covered dustbins which need to be further handled by biomedical waste.
20. Minimize time in the lab; plan for efficient use of time and leave as soon as you are finished. Do your data entry, analysis and other dry tasks at home.
21. Be mindful of shared rooms e.g. tissue culture, instrument room, bathroom etc., freezer room etc. where others might be coming and going (and may not be adhering to the SOP).